

More than 60 agencies and dozens of individuals working together to reduce poverty in Peterborough city and county since 2006

[www.pprn.ca](http://www.pprn.ca)

Winter 2014, Volume 2, Issue 3

## The Warming Room

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The Warming Room will be open Sunday, Monday, Wednesday, Thursday and Friday from 6pm to 8am at All Saints Anglican Church located on the corner of Sherbrooke and Rubidge Streets.

On Tuesday and Saturday The Warming Room is open from 9:30pm to 8am located at Murray St. Baptist Church on Murray St. between Aylmer and George Sts.

The program is run by the city, St. John's Anglican Church, George Street United Church, All Saints Anglican Church and the local branch of the Canadian Mental Health Association.

Donations of pillows, blankets, coffee and snacks are still needed. Volunteers are also still needed. Anyone interested in making a donation or volunteering can contact Rebecca Butler at [thewarming-room@gmail.com](mailto:thewarming-room@gmail.com) or Christian Harvey at [705-745-7624](tel:705-745-7624).

### Did You Know

For ODSP- As of September 1, 2013, you can earn up to \$200 a month without having your income support reduced. If you earn more than \$200 a month, 50 per cent of your net earnings over \$200 are deducted from your income support payment.

For example: if your ODSP payment is \$1,000 and you earn \$200 then your total monthly income will be  $\$1000 + \$200 = \$1,200$

If your ODSP payment is \$1,000 and you earn \$300 then your total income will be  $\$1000 + 200 + 50 = \$1,250$

### *Why??* By Carol Winter

**Q:** Why?

Since coming to Peterborough I have attended several meetings and workshops about reducing poverty but I notice that very few people with limited income are in the audience. Don't these people want to be involved in efforts to improve their financial status?

Just Wondering

**A:** Dear Just Wondering.

I am guessing that you probably moved to Peterborough relatively recently. Ten years ago there was excitement about these meetings and a strong representation from the people in need. But after a plethora of workshops and conferences and commissions and think tanks and forums during which people put their needs in order of urgency and put little coloured dots on wall charts and waited for changes that never happened, the poor turned their time and attention back to their personal struggle to survive. As one clever woman with degrees and volumes of experience told me, "We have been studied to death. If they really want to help they would make meaningful changes and increase our income."

## *Food*

### Recipe for Hunger

Food insecurity is a local issue with 10% of people in Peterborough households being food insecure. This means that:

- Families, individuals and seniors worry about not having enough to eat,
- Families, individuals and seniors compromise the quality of food they eat
- Or they do not have a variety of food choices on hand.

Monthly Income (after tax)/ Expenses	Single Man (Ontario Works)	Single Parent Family of 2 (Ontario Works)	Family of 4 (full-time Minimum Wage)	Family of 4 (Ontario Median)
Monthly Income including Benefits and Credits	\$688	\$1,927	\$2,711	\$6,852
Estimated Shelter Cost	\$626	\$910	\$1,087	\$1,413
Cost of a Nutritious Diet	\$276	\$620	\$820	\$820
<b>What's Left?</b>	<b>-\$214</b>	<b>\$397</b>	<b>\$804</b>	<b>\$4,619</b>
% Income Required for Shelter	91%	47%	40%	21%
% Income required for nutritious food	40%	32%	30%	12%

**REMEMBER:** *People still need to pay for utilities, phone, transportation, cleaning supplies, personal care items, clothing, gifts, entertainment, internet, school essentials, medical and dental costs, and other purchases.*

For more information about the Nutritious Food Basket costing to see the 2013 Limited Incomes: A Recipe for Hunger Report, visit the [Plans and Reports](#) section of the Health Unit's web site, [www.pcchu.ca](http://www.pcchu.ca), or call 705-743-1000.

## *Food Cupboard*

OTONABEE-SOUTH  
MONAGHAN

Hosted By Keene United  
Church, 30 North Street,  
Keene, ON

Please bring reusable  
shopping bags

For more information,  
please email [osmfoodcupboard@nexicom.net](mailto:osmfoodcupboard@nexicom.net) or call  
705-295-6952 and leave a  
message.

Please note that all inquiries  
are strictly confidential.

## *Announcement*

Thanks to a grant from the Ontario Trillium Foundation, the Peterborough Poverty Reduction Network is excited to announce the hiring of Nicole Gagliardi as the Community Hub Support Staff person. Nicole's role is to increase capacity for existing hubs, and facilitate the creation of a network of hubs.

PPRN, in partnership with CCRC, wish to announce the hiring of Tara-Lyn Prindiville. Tara will continue researching the impact of cuts to benefits. This is a short term position. Tara will assist with other PPRN activities.

## *The Mount*

The Mount Community Centre board left City Hall on Nov26 smiling after city councillors were supportive and complimentary of plans to convert the former Mount St. Joseph property into affordable housing and a community hub.

The board asked for a \$1 million capital contribution over five years, beginning in 2014. Council congratulated the board on taking the challenge of retrofitting the building and wished them well.

## *Workers' Action Centre*

Now open, the Workers' Action Centre is a worker-based organization committed to improving the lives and working conditions of people in low-wage and unstable employment. WAC wants to make sure that all workers have a voice at work and are treated with dignity and fairness.

The Workers' Action Centre provides a way for people to join together to fight for fair employment.

Workers Action Centre

360 George St N.

Unit 27

Peterborough, ON

705 743-5915

Leave a message for the Workers Action Centre to arrange an appointment

## *Neighbours in Action*

### Kingpin Challenge Fundraiser

First Blessings in a Backpack Kingpin Challenge

Sunday December 8, 2013; 3:00 – 5:00 pm

Peterborough Bowlerama,

845 Chemong Rd

Peterborough ON

Cost is 25.00 in pledges or donations

For more information call

Jason Hartwick 705 775-1450

Help Feed a Peterborough Child!

## Who are People Living in Poverty?

- Children, Teens, Youth, Mid-Life, Seniors
- Healthy People, unhealthy people
- Employed, part-time employed, Unemployed, Volunteers, Domestically employed with and without pay, ODSP, OW, Retired, Students
- Car drivers, car riders, bus riders, bicyclists, scooters/little motorized vehicles, wheelchair users, people who walk, shut-ins
- Houses, apartments, rooming houses, shelters, cars, couch surfers, homeless
- Never taken illegal drugs, tried illegal drugs, addicted to illegal drugs
- City, urban, and rural dwellers
- University, college, secondary school, some secondary school, developmentally delayed
- Lesbians, Gays, Heterosexuals, Bisexuals, Transgendered
- Well nourished people, mal-nourished people, hungry people
- Canadians, non-Canadians
- Never imprisoned, was imprisoned, imprisoned
- A neighbour, relative, co-worker, yourself

## Did You Know

If you're attending a secondary or post-secondary school full-time, there is no deduction of your earnings from your ODSP income support.

LET'S Talk  
About  
The Local Economic Trading System

Every Second Wednesday  
Of Each Month  
6:30 to 8:30

Island Cream Restaurant  
227 Hunter Street West  
Peterborough, Ontario

Look for the Green Trading Post

**S.W.A.P**

## Outreach Van

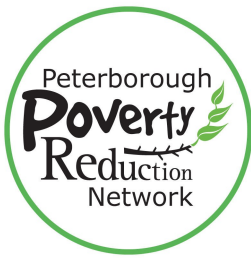
Monday and Wednesdays

6pm to 12am

Making stops throughout the  
City of Peterborough

Ask for Hunter or Tara B

(705) 772-4064



# Get Involved!

Contact us today to find out how you can get involved:  
Phone: 705-313-9199 E-mail: [info@pprn.ca](mailto:info@pprn.ca)  
Website: [www.pprn.ca](http://www.pprn.ca)

All donations will receive a charitable tax receipt.

To mail us a donation, please send it to:  
Peterborough Poverty Reduction Network  
c/o Stephen Kylie Law Office  
P.O. Box 1900

Peterborough, Ontario, K9J 7X7

Or online at [www.canadahelps.org](http://www.canadahelps.org)

BN : 812900066RR0001

## Community Resources and Events

### Christmas and Boxing Day Meals (December 25 and 26th)

Served at St. Paul's Presbyterian Church  
From 5 p.m.—7 p.m. (doors open at 4 p.m.)  
Meals are being prepared by Patti Peters.

### New Year's Day Meal (January 1st)

Served at St. Andrew's United Church (enter off Kirk Street) from 5pm to 6pm (doors open at 4:30pm). This meal is being



prepared by the United Church Presbytery.

### Stone School House Meal

Stone School House (corner of Hunter and Rubidge Streets) will continue with Saturday Meals from 3pm - 6pm until the end of March.

### Winter Café Night

George Street United Church  
Auditorium  
(Seeds of Change)

Wednesday,  
December 4th, 2013,  
Doors open at 6:00 p.m.  
Pay What You Can  
Come and enjoy  
an evening of  
local talent.

### A Festive LETS Market

Peterborough Public Library  
Lower Floor  
Saturday, Dec. 14<sup>th</sup>, 2013  
1:00 p.m. – 4:30 p.m.

Open to Public  
Free Admission

Come and buy homemade goods

**Seeds of Change**  
A place for people & imagination

presents

**Village Feast**

A Celebration of Community  
Wednesday December 11<sup>th</sup>,  
5pm-10pm

Includes a turkey dinner,  
rockin' around the Christmas tree,  
a silent auction with found items,  
and children's activities.

Featuring  
live entertainment  
and a visit from  
**The Grinch!**

Pay-what-you-can  
Please call: 705-874-3553  
or visit us at 534 George St. W.  
or live at [www.seedschangepeterborough.com](http://www.seedschangepeterborough.com)  
or on Facebook at [www.facebook.com/seedschangeptbo](http://www.facebook.com/seedschangeptbo)